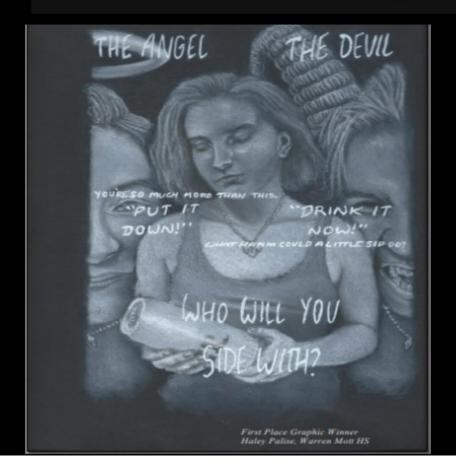
Students Leading Students SLSTODAY.org













Why Students Leading Students?

In the words of the students:

"I'm more of the person I want to be thanks to SLS. The fact is, this organization has played a key role in how I live my life. It's helped me step up and be the type of leader that is an asset to society. You can't tell by just looking at me, but on the inside I've changed.

With the support of my advisors and fellow SLS Chapter members I feel I can accomplish anything. The key word here is support. SLS members and the SAB don't just watch each other; we encourage and make the tasks easier.

More than anything, SLS has taught me that I'm not alone and that there are others that believe in seeing change as much as I do. We all believe so strongly that we can make a difference. We inspire each other to be great. Whatever great leadership we have in us, SLS can help bring it out."

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Why Youth Value SLS:

It's "youth-led". It's "hands on". It's "interactive". SLS engages youth, offers fun activities, and presents opportunities to design leadership experiences for their peers and the community.

Why Advisors Value SLS:

SLS is outcome-based prevention: including risk & protective factors; assets & resiliency skills; positive youth development; executive functioning skills; differentiated instruction; student focused learning objectives; and proven effective...science-based practices from addiction and prevention practitioners as well as SLS Validation Study 2011-2017.

And... youth train youth....effectively.

GET OUTCOMES

Build Capacity of your Chapter with SLS Trainings

Accepting & Giving Feedback Active Listening and Communication Adolescent Development

Alcohol, Tobacco and Other Drug Education

Assertiveness **Asset Building**

Asset-Based Community Projects

Community Awareness **Conflict Resolution Decision Making**

Delegating **Distracted Driving Prevention**

Diversity

Emerging Leadership

Empowerment vs. Power **Energizing Your Group**

Fundraising & Grant Writing

Healthy Choices

Helping a Hurting Friend How to be a Great Advisor How to Run Energizing Meetings

Implementing Service-Based Learning

Increase Membership

Individualized Chapter Training just for you!

Leadership Styles

Marijuana, Inhalants, Prescription Drugs Marketing Skills

Media Skills Mentoring

Outcome-based Prevention- What is this?

Parent Skill Building Workshops

Peer Mediation Peer Resistance Skills

Peer to Peer Safe Driving Education

Presentation Skills Positive Role Modeling **Public Relations Skills** Safety Awareness

STAND To Be Active **Team Building** Teen Voice

Vaping Education Violence Prevention/Bullying

Schedule a training at your school if that works best for you.

Call Dawn 248-706-0757 or

dmf@SLSToday.org

Thank You!







JCT Foundation

Thomas P. Bingman Memorial

Voss Taylor Steel Sign Fabricators Brad Simmons Zane Sami Hatahet Dianne Bostic Robinson Larry Rotta

Nikki and Allan Motes



wsp seniors

PETITPREN

Pamela Voss-Page **Dawn and Jeremy Flood Laura and Christian Dodd Dawn & Craig Sylvester** Found Objects (Laurie & Zachary)

SLS Board of Directors

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National SLS Awards

SLS is the only Michigan developed student-led program with national validation.









"Federal, State, and/or County funding has been provided through the Oakland Community Health Network Substance Use Disorder Services to support the project costs".



What Does the Student Advisory Board (SAB) Do?

The SAB trains SLS Chapters to replicate proven effective peer-led strategies using SLS validated standards. When schools use the SLS Model, the outcomes are: increase in positive school climate, leadership skills, school engagement, more likely to intervene in inappropriate social media and bullying, and avoid risky driving and other destructive behaviors. (NREPP, 2017) This process elevates students' success with Executive Functioning Skills that prepare them for their future.

How? The SAB use the SLS Validated Model with their biggest project...the 34th SLS High School State Conference at Shanty Creek.

SLS Validated Model Executive Functioning Skills

Peer Influence

Emotional Control

SAB creates workshops, activities and the video presentation to end stigma - a safe place to express feelings with no fear of judgment.

Active Student Engagement

Sustained Attention

SAB facilitates three days of the interactive and engaging event; train their peers to lead SLS in their schools and develop trusting relationships.

Reporting Chapter Progress

Goal Directed

SAB moves SLS Chapters to action with theme, workshops, speeches, dance, awards, whistle-stops, Action Planning, materials & handbooks.

Strategic Planning

Planning and Organizing

SAB spotlight student issues to influence in their schools and the State of Michigan. SAB creates a Vision for SLS Chapters in retreats and shares with Chapters at trainings.

Facilitating Meetings

Organization and Flexibility

The SAB team plans every detail of the Conference from May –November.

The SAB debriefs the event in December to identify areas of Chapter growth, achievement and future planning.

Personal Growth and Helping Others

Emotional Control

SAB implement the Vision of SLS empowerment, skill building, empathy and coping skills at Conference.

SAB problem solve Chapter struggles.

Reflection and Debriefing

Time Management and Meta-Cognition

SAB integrates reflection in planning meetings and in three School Team Meetings at Conference to hear every member's thoughts and feelings.

Knowledge of Alcohol, Tobacco and Other Drugs (ATOD)

Working Memory

SAB conducts a needs assessment of Michigan high schools, including their own school, and reviews ATOD data and youth development studies to incorporate accurate research into workshops, speeches, Conference activities and Chapter Action Plans.

Modeling ATOD Resistance

Response Inhibition

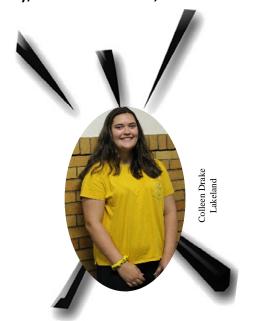
SAB teaches resistance skills, decision making and peer influence skills in interactive Conference workshops in ways that students learn best.

Modeling Healthy Choices

Task Initiation

SAB uses their talents and passion to plan conference in six (6) months. The exhibit, t-shirt design, activities, dance, menu, awards, decorations, honors, and welcoming event demonstrate that every person belongs in SLS and Chapters can create that atmosphere in their schools.

Schools that establish SLS Chapters can close the gap in school-based <u>mental health services</u>. A <u>student-led</u> SLS Chapter increases school engagement, academic achievement, bonding and attachment with relationship skills, improved self and social awareness, decision-making capacity, and is cost effective, sustainable and supported by SLS MSW staff. (SLS SAMHSA and Wayne State Validation Study of SLS - 2011-2018.)



Apply to the SAB (4/30/2020)

www.SLStoday.org





The Village in SLS



SLS Advisor of the Year Ward Bartlett Warren Mott HS

Award presented by Camryn Jackson, SAB Warren Mott HS



SLS Student of the Year Diamond Hudson Atherton HS

Award presented by Brad Simmons SLS Board President

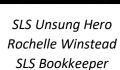


SLS Volunteer of the Ye Toni Lauretano SLS Alumna and Board

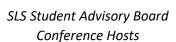
Award presented by Colleen Drake, SAB Lakeland HS



Award presented by Dawn Flood SLS Program Director



Award presented by
Dawn Flood
SLS Program Director



Makenzie Ryder, WL Northern Camryn Jackson, Warren Mott Colleen Drake, Lakeland Jillian Davis, Marian

As SLS celebrates our 39th school year, we also celebrate the people in SLS who are on the front lines and those who are behind the scenes. There are thousands of students, advisors, parents and supporters who have put their mark on the SLS organization. As in the popular saying, "It takes a village..." it certainly does take a village to save lives, to teach students the skills that they need to be healthy and successful. SLS is that village to many.

SLS services individual schools. This is both a positive and negative, as it is time intensive. Our office is in Waterford, and we travel to schools all over Michigan, including the Upper Peninsula. A student this past spring from Rudyard High School (U.P.) said, "I can't believe you traveled all the way up here." We are proud that we never let travel be a deterrent in our program delivery. The foundation of our program is skill-based. Research shows that students today need opportunities to learn and PRACTICE leadership and life skills.

To learn how SLS can train your students and advisors to be effective leaders in prevention and provide students with the tools they need in their daily "toolbox" to resist alcohol, other drugs, vaping and other risky behaviors contact

dmf@SLStoday.org; 248-706-0757; www.SLStoday.org.

Thank you to all those who have contributed to the SLS Village since 1982.

Dawn Flood, Program Director Pam Voss-Page, Executive Director





Freeland HS

"Best of the Best" Workshop

Clarenceville HS

Atherton HS



Marion HS



SLS Board Members, Alumni, Advisors, Volunteers and Sponsors "We thank you for your support"

Starting at left: Tricia DeVries (Alumna); Dianne Bostic Robinson (Board);
Zane Hatahet (Board); Stacy Baker (Advisor); Aitana Massey (Alumna);
Terry Wahrman (Advisor); Tamara Klida (Advisor);
Michelle Turner (Advisor); Ward Bartlett (Advisor and Board);
Toni Lauretano (Alumna & Board);

Garrett Zimmerman (Alumnus & Board); Kendall Dyke (Volunteer Nurse);
Sue White (Volunteer); Jeremy Flood (Volunteer Security);
Sherry Randall (Citizens Insurance Sponsor)



SLS Conference Volunteer Staff
Sue White, Volunteer
Garrett Zimmerman, Alumnus & Board Member
Toni Lauretano, Alumna & Board Member
Kendall Dyke, Volunteer
Tricia DeVries (with Happy "SLS Mascot"), Alumna
Dawn Flood, Program Director
Jeremy Flood, Charlie Stilec Spirit Award Winner
2019